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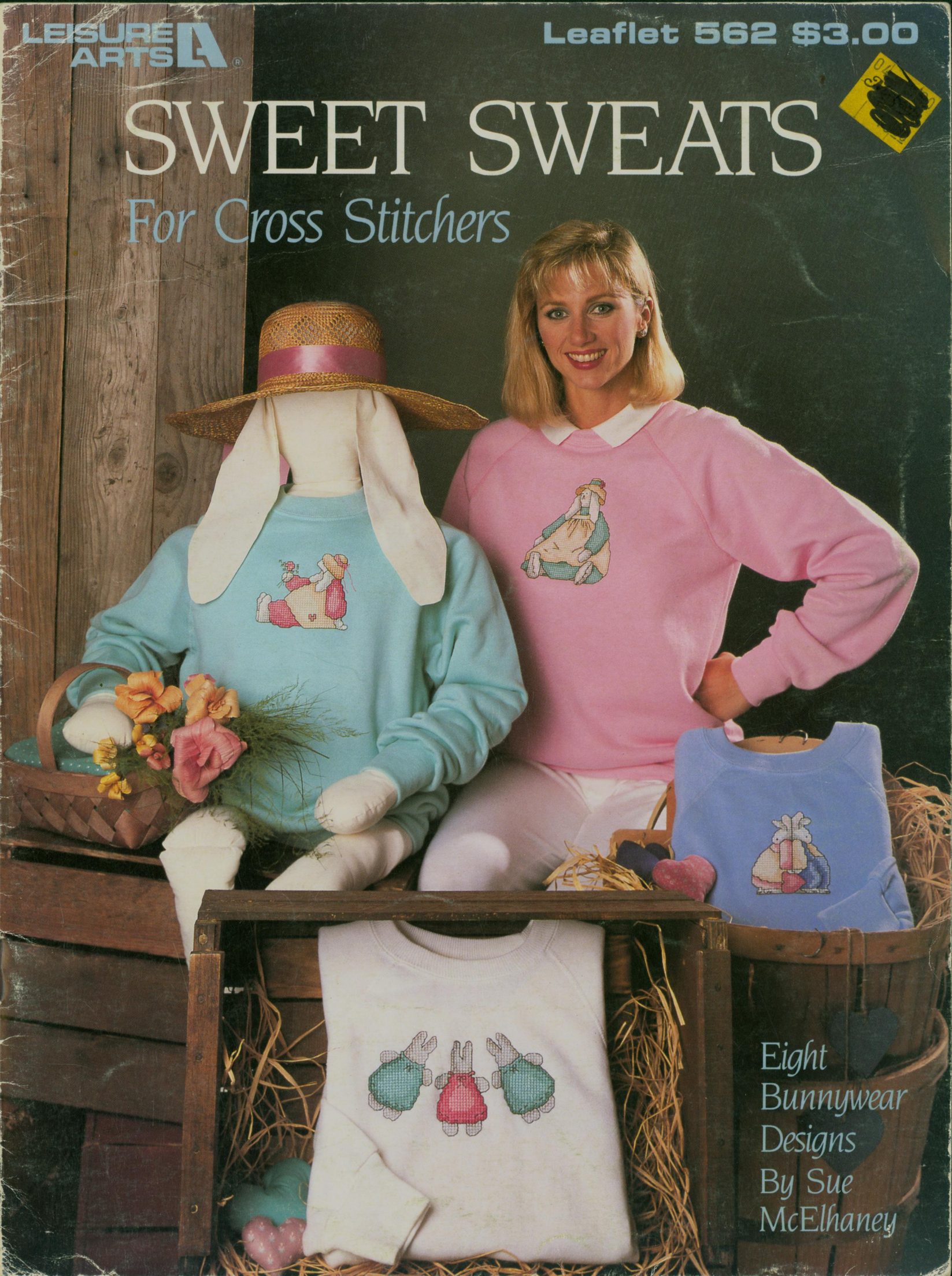
SWEET SWEATS

For Cross Stitchers



Eight Bunnywear Designs By Sue McElhaney

GENERAL INSTRUCTIONS

WORKING WITH CHARTS

How To Read Charts: Each of the designs is shown in chart form. Each colored square on the chart represents one Cross Stitch. In most cases, the colored square also contains a symbol. However, when a Backstitch line crosses the square, the symbol is omitted. The straight lines on the chart indicate Backstitch. These lines are shown either in color or black; the color of thread to use is indicated on the color key.

Recommended Colors: We refer to all colors by name and also by Anchor stranded cotton and DMC embroidery floss numbers. Cover models were stitched using DMC. For each design, Anchor numbers were chosen to assure proper blending of colors in that design and not as perfect matches to DMC. For this reason, we do not recommend that both brands be used in the same design.

SUPPLIES

Waste Canvas: Cover models were worked over 8.5 mesh waste canvas. Waste canvas is a special canvas that provides an evenweave grid for placing stitches. After the design is worked over the canvas, the canvas threads are removed, leaving the design on the fabric. Most canvas has blue parallel threads every fifth square to aid in counting and in placing the canvas straight on the fabric. The blue threads may be placed horizontally or vertically. The canvas is available in several mesh sizes.

Interfacing: When working on knit fabric, use lightweight, non-fusible interfacing on wrong side of fabric to give a firmer stitching base.

Hoop: We recommend a screw-type hoop that is large enough to encircle entire design.

Needle: Use a #24 Tapestry needle for knit fabric.

Thread: Cover models were worked using 6 strands of embroidery thread for Cross Stitch, 2 strands for Backstitch, and 4 strands for French Knots. To ensure smoother stitches, separate strands and realign them before threading needle. When stitching on clothing items, knot thread at beginning and end of stitching.

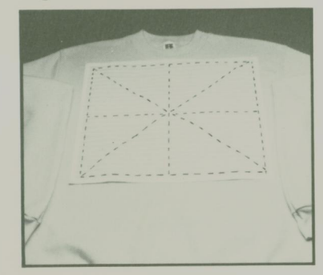
WORKING DIRECTIONS

Step 1. To make sure design will fit garment, measure front of garment and compare measurements to those of the design. If design is too large for garment, a smaller mesh size of waste canvas will be necessary. Cut waste canvas 2″ larger than design size on all sides. Cut interfacing same size as canvas. To prevent raw edges of canvas from marring fabric, cover edges of canvas with masking tape.

Step 2. To mark placement for center of design on garment, fold garment in half lengthwise. Measure along folded edge the desired number of inches from neck to center of design; mark with a pin.

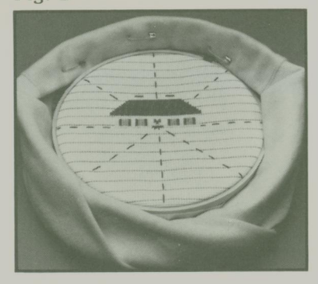
Step 3. Match center of canvas to pin. Use the blue threads in canvas to place canvas straight on garment; pin canvas to garment. Pin interfacing to wrong side of garment. Baste through all three thicknesses. To prevent canvas from slipping, especially on large designs, baste securely around edge of canvas. Then baste from corner to corner and from side to side as shown in **Fig. 1**.

Fig. 1



Step 4. Place garment in hoop. The hoop helps keep the area not being stitched out of the way. Roll excess fabric, including back of garment, over top edge of hoop and pin in place ***(Fig. 2)***.

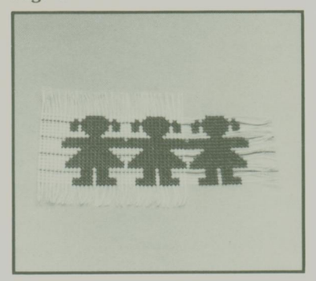
Fig. 2



Step 5. Work design, stitching from large holes to large holes ***(Figs. 4 - 7, pg. 6)***.

Step 6. Trim canvas to within ¾″ of design. Use a sponge or spray bottle of water to dampen canvas until it becomes limp. Pull out canvas threads one at a time using tweezers ***(Fig. 3)***.

Fig. 3



Step 7. Trim interfacing close to design.

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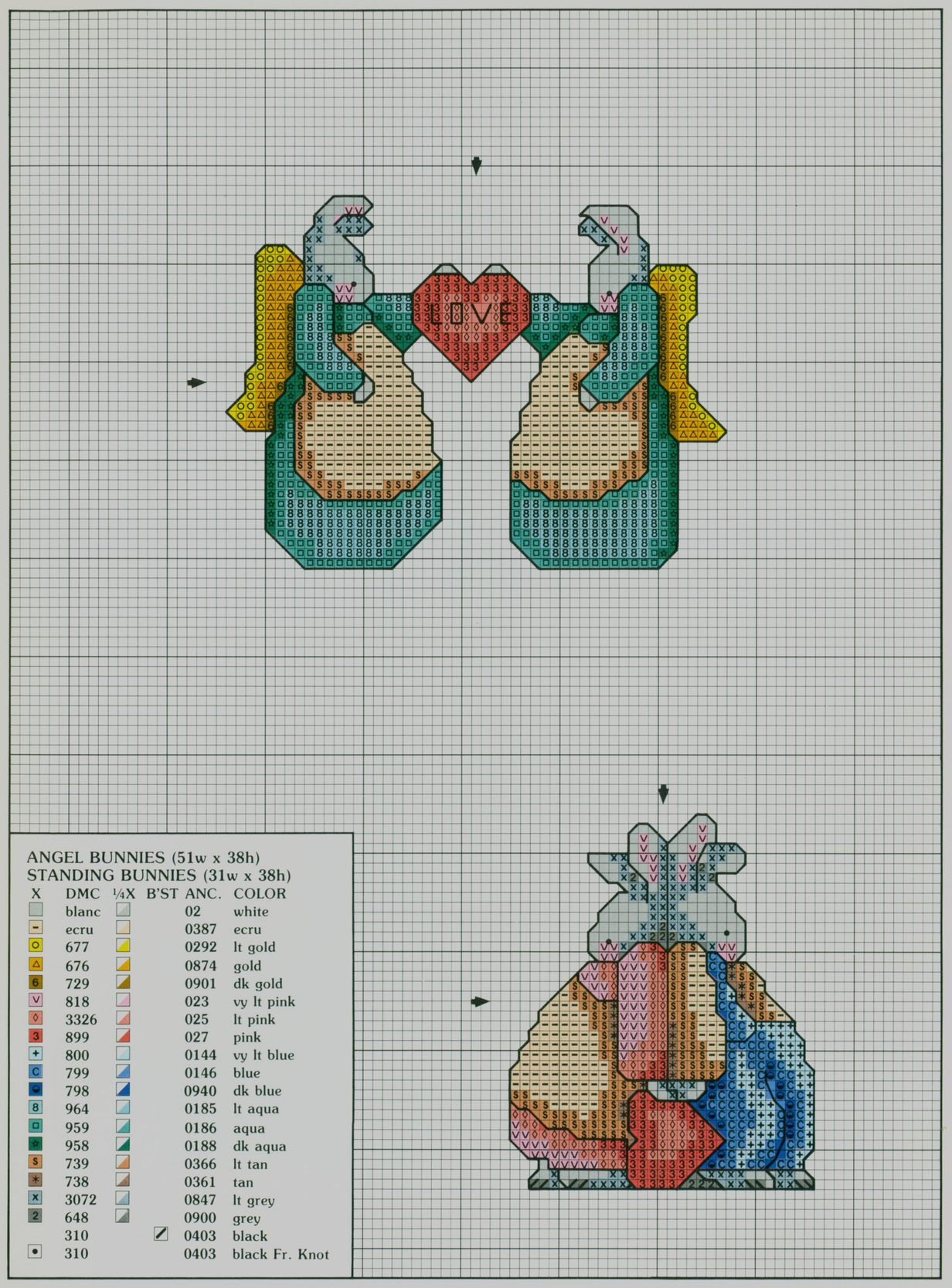
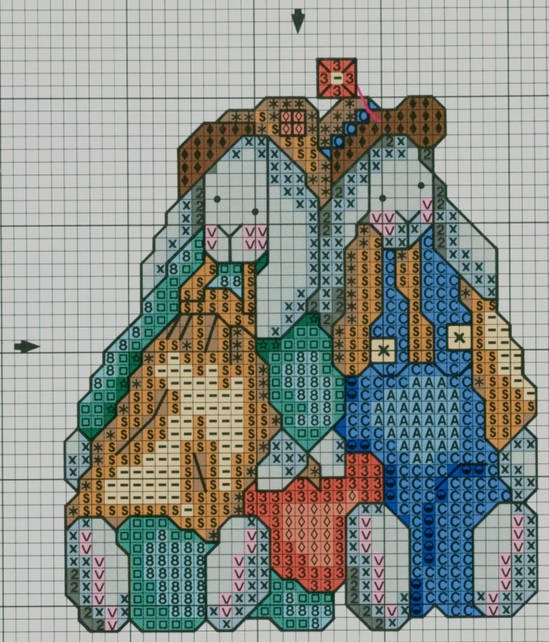
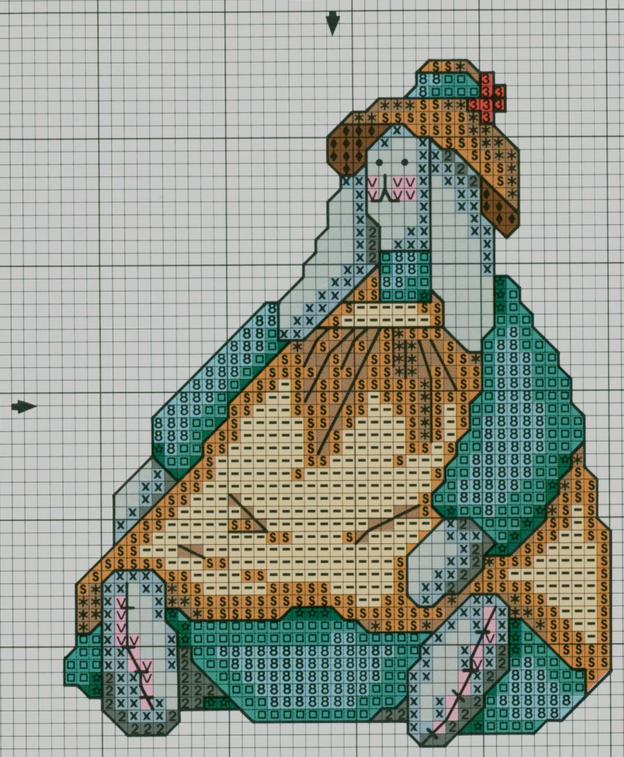
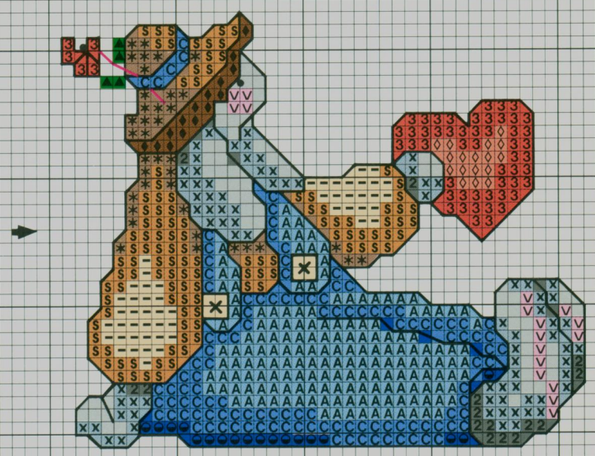


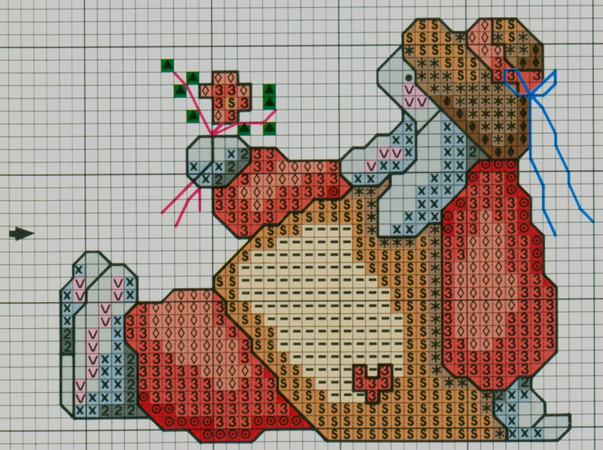
ANGEL BUNNIES (51w x 38h)
STANDING BUNNIES (31w x 38h)

X	DMC	¼X	B'ST	ANC.	COLOR
▫	blanc	▫		02	white
-	ecru	▫		0387	ecru
o	677	▫		0292	lt gold
△	676	▫		0874	gold
6	729	▫		0901	dk gold
V	818	▫		023	vy lt pink
◊	3326	▫		025	lt pink
3	899	▫		027	pink
+	800	▫		0144	vy lt blue
C	799	▫		0146	blue
◒	798	▫		0940	dk blue
8	964	▫		0185	lt aqua
□	959	▫		0186	aqua
❀	958	▫		0188	dk aqua
s	739	▫		0366	lt tan
*	738	▫		0361	tan
x	3072	▫		0847	lt grey
2	648	▫		0900	grey
	310		◪	0403	black
•	310			0403	black Fr. Knot







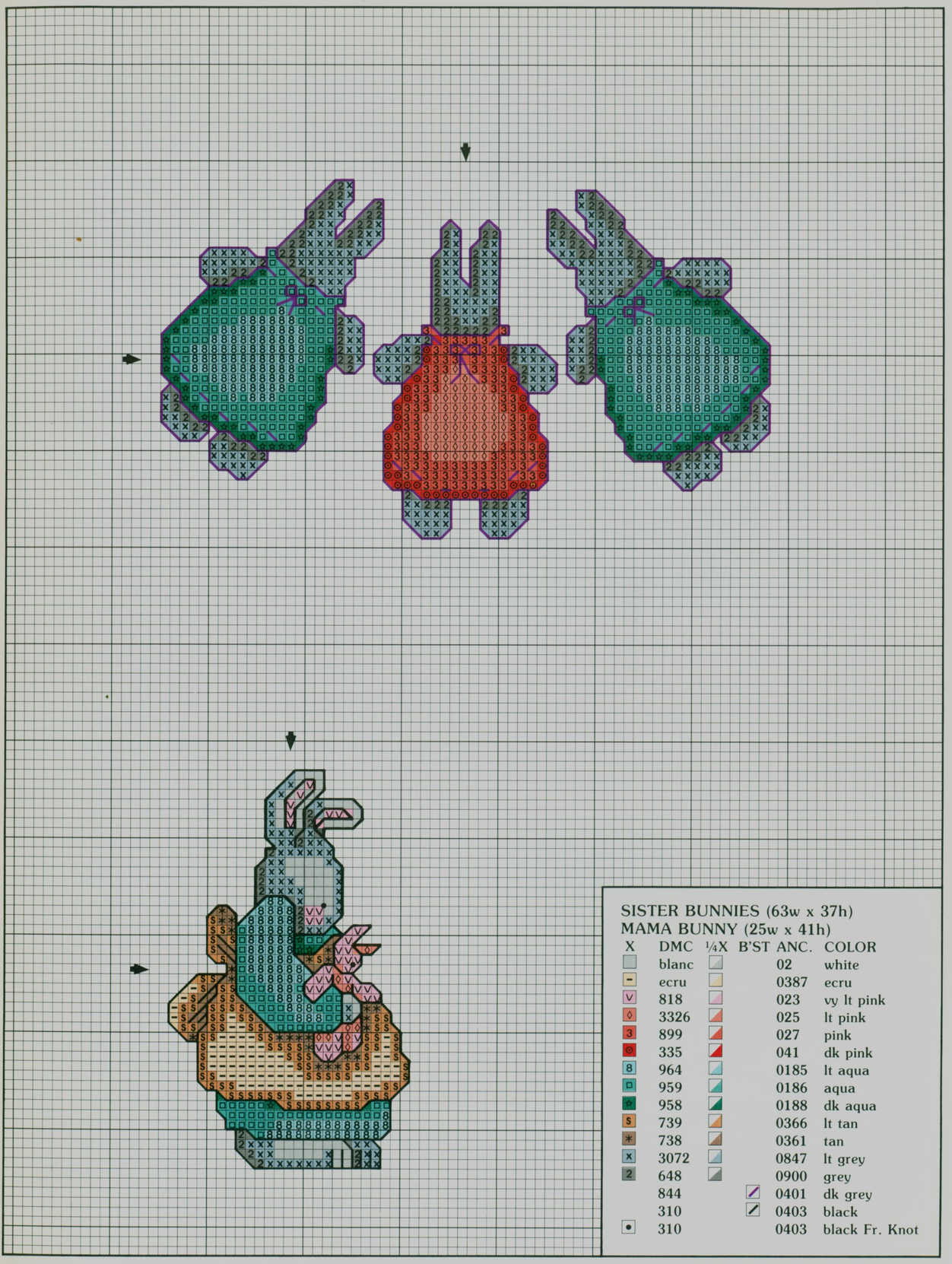


SEATED BUNNIES (37w x 45h)
BOY BUNNY (41w x 34h)

X	DMC	¼X	B'ST	ANC.	COLOR
	blanc			02	white
-	ecru			0387	ecru
V	818			023	vy lt pink
◊	3326			025	lt pink
3	899			027	pink
A	809			0145	lt blue
C	799			0146	blue
◒	798			0940	dk blue
8	964			0185	lt aqua
□	959			0186	aqua
✲	958			0188	dk aqua
▲	320		⁄	0215	green
S	739			0366	lt tan
*	738			0361	tan
♦	437			0362	dk tan
x	3072			0847	lt grey
2	648			0900	grey
	310		⁄	0403	black
•	310			0403	black Fr. Knot

SUNDAY BUNNY (43w x 54h)
GIRL BUNNY (42w x 33h)

X	DMC	¼X	B'ST	ANC.	COLOR
	blanc			02	white
-	ecru			0387	ecru
V	818			023	vy lt pink
◊	3326			025	lt pink
3	899		⁄	027	pink
◍	335			041	dk pink
8	964			0185	lt aqua
□	959			0186	aqua
✲	958			0188	dk aqua
▲	320		⁄	0215	green
S	739			0366	lt tan
*	738			0361	tan
♦	437			0362	dk tan
x	3072			0847	lt grey
2	648			0900	grey
	310		⁄	0403	black
•	310			0403	black Fr. Knot



SISTER BUNNIES (63w x 37h)
MAMA BUNNY (25w x 41h)

X	DMC	¼X	B'ST	ANC.	COLOR
	blanc			02	white
-	ecru			0387	ecru
v	818			023	vy lt pink
◊	3326			025	lt pink
3	899			027	pink
⊙	335			041	dk pink
8	964			0185	lt aqua
□	959			0186	aqua
*	958			0188	dk aqua
$	739			0366	lt tan
*	738			0361	tan
x	3072			0847	lt grey
2	648			0900	grey
	844			0401	dk grey
	310			0403	black
•	310			0403	black Fr. Knot

STITCH DIAGRAMS

Counted Cross Stitch: Each colored square on the chart represents one Cross Stitch. On waste canvas, work Cross Stitches from center of large holes to center of large holes over intersections of threads by using the stab method of stitching. To work the stab method, bring needle up from wrong side and completely pull thread through fabric; then take needle down from right side and again completely pull thread through fabric. For horizontal rows, work stitches in two journeys as shown in **Fig. 4**. For vertical rows, complete each stitch as shown ***(Fig. 5)***.

Fig. 4

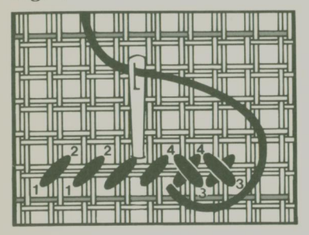
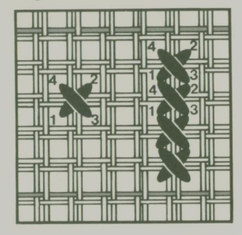
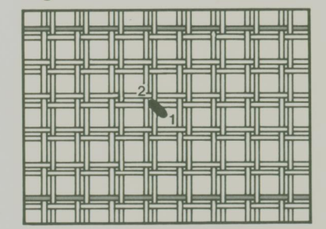


Fig 5



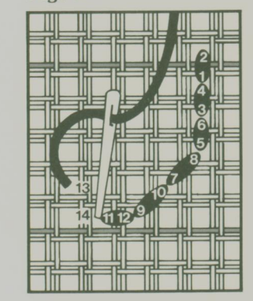
Quarter Stitch (¼X): Quarter Stitches are denoted by triangular shapes of color on the chart and on the color key. Come up at 1; go down at 2 ***(Fig. 6)***.

Fig. 6



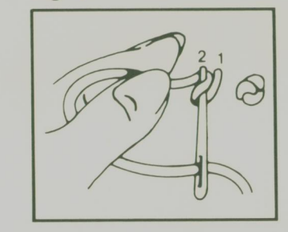
Backstitch: For outline detail, Backstitch (shown on chart and on color key by black or colored straight lines) should be worked using the stab method after the design has been completed ***(Fig. 7)***.

Fig. 7



French Knot: Bring needle up at 1. Wrap thread once around needle and insert needle at 2, holding end of thread with non-stitching fingers ***(Fig. 8)***. Tighten knot; then pull needle through fabric, holding thread until it must be released. For larger knot, use more strands; wrap only once.

Fig. 8



PROJECTS

All designs were worked over 8.5 mesh waste canvas.

Angel Bunnies — yellow sweatshirt — approx design size 6″ x 4½″.

Boy Bunny — ecru sweatshirt — approx design size 4⅞″ x 4″.

Girl Bunny — aqua sweatshirt — approx design size 5″ x 4″.

Mama Bunny — pink sweatshirt — approx design size 3″ x 4⅞″.

Seated Bunnies — ecru sweatshirt — approx design size 4⅜″ x 5⅜″.

Sister Bunnies — white sweatshirt — approx design size 7½″ x 4⅜″.

Standing Bunnies — blue sweatshirt — approx design size 3¾″ x 4½″.

Sunday Bunny — pink sweatshirt — approx design size 5⅛″ x 6⅜″.

Models for Figs. 2 and 3, pg. 1, taken from Leaflet 375, *The Sweater Book for Cross Stitchers*.

We have made every effort to ensure that these instructions are accurate and complete. We cannot, however, be responsible for human error, typographical mistakes, or variations in individual work.

Instructions tested and cover items made by Caren Beard, Karen Brogan, Trudi Drinkwater, Catherine Hubmann, Karen Jackson, Karen Sisco, Opal Steen, and Kay Szafranski.

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